



Summer Picnic 2016

OTTAWA INDEPENDENT LIVING RESOURCE CENTRE ANNUAL REPORT 2016

One of the founders of the independent living philosophy believed that persons with disabilities should have the same opportunities and access to the same resources as others in society. The OILRC endorses this set of beliefs.

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MEMORABLE MOMENTS



OILRC PROGRAM REVIEW

PEER SUPPORT

The Peer Support Program has had another fun and eventful year. Popular activities such as Lunch Club, Pub Night, Healthy Cooking class, and Craft day continue to take place on a monthly basis. We were fortunate enough to receive free tickets to an Ottawa Fury game and a Redblacks game this year, compliments of the Ottawa Sports and Entertainment group. Educational activities included trips to the National Gallery of Canada, the Nature Museum, History Museum, War Museum, and the Experimental farm. Other community activities enjoyed include a group outing to Winterlude, Friends in Sport Fishing boat trip, bowling, and the Ottawa Tulip Festival.

We participated in Ottawa's 13th annual AccessAbility Day on June 1st 2016 at City Hall. Participants had the opportunity to hear from two keynote speakers: The Honourable Carla Qualtrough, Minister of Sport and Persons with Disabilities, and Parliamentary Assistant Marie France Lalonde, MPP Ottawa-Orléans. Both spoke to Federal and Provincial commitments to enhance accessibility for all. We also enjoyed a BBQ outside City Hall and were given the opportunity to engage with City of Ottawa staff who were showcasing Departmental Accessibility Initiatives.

This summer the OILRC launched a book club and book nook within the Centre, and we tried out new drop-in activities such as Karaoke and a Throwback Thursday day.

The 2015 Halloween Party and Christmas Party, as well as our 2016 summer picnic were all great successes. These events were made possible thanks to staff, volunteer, and board donations of food and time, as well as community grocer donations of gifts cards.

The OILRC has welcomed many new faces this year. The Peer Support Program has seen ongoing success thanks to our participants who

continue to make activities an opportunity for skill development, friendship building, and social engagement.

INDIVIDUAL EMPOWERMENT AND SKILLS DEVELOPMENT

The Empowerment program continues to be busy in meeting the needs of those who fall through the cracks or need a little extra support with behind the scenes tasks (e.g. reading/understanding mail, filling out forms for social assistance or to access other social services, etc.). We have seen steady progress amongst our consumers when it comes to building their life skills and committing themselves to self-empowerment. We have seen consumers gain more control over certain areas of their lives including but not limited to budgeting, communications, banking, organizational skills, goal setting/attainment, social skills and personal safety. Not only do we work one-on-one with people, but we also conduct monthly workshops. Some of the more popular workshops this year were “How to Cope with Change”, “Meditation, Mindfulness, and Me”, and “How to be Assertive”.

DIRECT FUNDING

Direct Funding has seen continued success this year. The province was given the ambitious task of completing 80 interviews between September 22nd 2015 and December 31st 2015. Combined, the Ontario IL Centres completed 74, and Ottawa completed 7 interviews towards this goal. The Direct Funding Program was included in the Provincial PSW wage enhancement, allowing Self-managers to offer fair and more competitive wages to their staff. The waitlist times continue to shrink, and the Program can now take on new participants close to a year after their application has been completed.

Ottawa has been working on promotion and outreach for the Direct Funding Program. Within the last year we have made many connections with various community organizations and groups including the Ottawa MD Support Chapter, the Co-Operative Housing Federation of Canada,

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Ottawa Rehab Centre, Ottawa Disability Coalition, Aging in Place, and several community social workers.

STAFF

The OILRC welcomes Ashleigh Nelles, the Centre's new Peer Support Coordinator. Ashleigh has been an enthusiastic and creative addition to the OILRC and we are happy to have her join the team.

The Centre said goodbye to Andrew Fiore, who has moved on to work at the Pinecrest Community Health Centre after working with the OILRC for over 3 years. Andrew brought a warm and very knowledgeable presence to the Centre. Whether in a one on one meeting or within a group setting, Andrew was a leader who chose his words carefully, knew how to inspire, teach, and always lead by example. His calm, resourceful, and fun-loving personality is greatly missed at the Centre.

We wish him much success and thank him for his time and dedication.

The OILRC also had the opportunity to incorporate a summer student through the Canada Summer Jobs Program. Jedidah Nabwangu, joined us from McGill University for the months of July and August. Jedidah is studying International Development with an emphasis in Culture and Society and minoring in Political Science and Theatre. Jedidah has helped us with planning and attended our first Chapters Fundraiser and was a huge help in facilitating the full Peer Support calendars this past summer. She was a wonderful addition to the OILRC, and we wish her great success as she continues to work towards her academic goals.

MESSAGE FROM THE BOARD

A lot has happened at the Ottawa Independent Living Centre since the last AGM.

- As most of you know Katie, our Executive Director, has been away on sick leave and although it has been a while now we very much hope that Katie will be ready to come back to work in the near future.
- The Board is very grateful for the way in which the staff has stepped up to help keep the Centre running smoothly in Katie's absence and also thanks the members/consumers for their understanding and support during this time.
- The rest of the Board would like to thank Daphne for supporting the staff during this period and for looking after the financial administration of the Centre.
- We have been contacted by IL Canada to inform us that it is time for Accreditation Review but we have asked for a delay in view of the extra work involved, which would be difficult to manage just now.
- The Centre said goodbye to Andrew Fiore as he left us for another opportunity and we thank him for his contribution of time and energy during his time at the Centre. We wish him well in his future endeavors.
- Jessica Ayoub continues her important work as the Direct Funding Coordinator and Ashleigh Nelles has joined us to replace Andrew as the Peer Support Coordinator, and iLeap Employment Skills Coordinator - we very much appreciate her contribution to the life of the Centre. Please see their reports for more details on what each area accomplished over the year.
- On the financial side, our contract with CRTC was terminated earlier this year because the staff we were supporting left CRTC employ for various reasons; we have received valuable support from Chapters for new fundraising opportunities at their Gloucester location; and we received encouraging news through IL Canada that the Federal

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Core Program funding has been increased substantially and will be extended through 2018.

The staff, members and Board continue to strive to provide the services and resources for the OILRC mission **to assist in the individual empowerment of all persons with any disability in the Ottawa area and to provide the tools they need to direct their lives and participate fully in the community.**

Richard Hubley, Chair
Emily Rahn, Secretary
Daphne Picklyk, Treasurer

A BIG THANK YOU TO EVERYONE FOR MAKING A DIFFERENCE IN OUR COMMUNITY

The OILRC would like to thank its sponsors from over the years,



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FINANCIAL SUMMARY

March 31, 2016

	<u>2016</u>	<u>2015</u>
<u>Statement of Financial Position</u>		
Assets:		
Cash, accounts receivable and prepaid expenses	\$ 35,831	\$ 40,353
Liabilities, Deferred Revenue and Net Assets:		
Current liabilities	\$ 4,325	\$ 12,276
Deferred contributions	21,939	12,971
Unrestricted net assets	9,567	15,106
	<u>\$ 35,831</u>	<u>\$ 40,353</u>
 <u>Statement of Operations</u>		
Revenue:		
Grants:		
Government of Canada	\$ 20,215	\$ 19,631
Province of Ontario	74,135	77,396
United Way	0	22,230
Donations	1,264	2,611
Bingo	24,873	24,717
Contract and other (including fundraising)	8,473	13,528
	<u>128,960</u>	<u>160,113</u>
Expenses:		
Salaries and benefits	86,978	94,430
Rent and utilities	17,050	22,655
Contract work and fundraising	7,991	8,548
Capital asset purchases	3,077	3,423
Office and general	19,403	20,358
	<u>134,499</u>	<u>149,414</u>
Net Revenue (Expenses)	<u>\$ (5,539)</u>	<u>\$ 10,699</u>

OILRC AGM AGENDA

1. Welcoming Remarks – **Richard**
2. AGM - Call to Order - **Richard**
3. Approval of Agenda - **Richard**
4. Approval of AGM minutes - September 2015 - **Richard**
5. Annual Report review
 - ❖ Financial Summary - **Daphne**
 - ❖ Appointment of Auditors - **Daphne**
6. Nominations & Elections - Board of Directors – **Richard**
7. Adjournment – **Richard**

OILRC – SLATE OF DIRECTORS

Directors up for re-election:

Daphne Picklyk, Emily Rahn, Richard Hubley

2015 AGM MINUTES

Wednesday September 23rd 2015

List of attendees at the 2015 OILRC AGM:

Patrick Beauregard, James Cleland, Eric Smith, Carol Gregory, Debra North, Dennis Lanthier, Gord Laming, Jennifer-Ann Heward Eastham, Kim McKey, Matt Gignac, Nicole Kelly-Graham, Oanh Le, Pat Beauregard, Sabrina Rankin, Samantha St-Hill, Shawna Wynn, Teddy Mantas, Robert Hurd, David Grandy,

Staff: Andrew Fiore, Jess Ayoub

Board members: Richard Hublely,
Daphne Picklyk,

Regrets: Emily Rahn

- 1. Welcoming Remarks:** Richard Hublely welcomed everybody at 6:05 pm and introduced the staff and board members.
- 2. AGM – Call to Order:** The meeting was called to order at 6:05pm.
- 3. Approval of Agenda**

Moved by: Nicole Kelly-Graham, Seconded by: Jennifer-Ann Heward,
Carried.

4. Approval of last AGM minutes – September 15, 2014.

Moved by: Jennifer-Ann Heward, Seconded by: Nicole Kelly-Graham,
Carried.

5. Annual Report Review:

Richard explained that, at the IL Canada AGM, it was reported that the core funding will be extended for another year at the same rate as last year. This is welcome news.

Reviewing page 1 and 2 of the program reviews- no questions or concerns.

Motion to approve the narrative report moved by: Jennifer-Ann Heward
Seconded by: Nicole Kelly-Graham

- **Financial Summary:**

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Daphne explained that the first part of the summary represents a snapshot of our position at the end of March 2015. Our financial position improved over the year ended March 31, 2015 and we have a \$15,000 surplus to help us in the current year.

Revenues:

- United way funding ended as of June 2015.
- Bingo money continues to fund center activities.
- Contract work and Fundraising: contract with CRTC provides job training and skill development

Expenses:

- Salaries and Benefits: Staff reduction since last year
- Rent and Utilities: Space reduction with the shutting down of the IL office. Our rent sharing agreement with IL Canada was adjusted to a lower amount.
- Capital asset purchases have been met from Direct Funding funds
- Office and general: covers all other expenses of maintaining our office (telephone, internet, supplies, etc)

Net Revenue (Expenses)

Last year we spent more income that we had, this year we kept our expenses within our income and ended with a surplus to carry forward to the new year.

- The audit of our financial statements has been completed. If anyone would like a copy of the audited statements, you can drop by the office and ask for a copy.

Motion to accept Financial Summary as reported.

Moved by: Nicole Kelly-Graham, Seconded by: Robert Hurd, Carried.

- **Appointment of Auditors:**
 - The work was carried out by the Frouin Group.
 - The auditors did a good job. Were very congenial, thorough and thoughtful. Things went smoothly.

Motion to reappoint the Frouin Group for next year's audit.

Moved by: Daphne Picklyk, Seconded: Jennifer-Ann Heward ,
Carried.

6. Nominations & Elections – Board of Directors

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All three board members are up for re-election: Daphne Picklyk, Richard Hubley, Emily Rahn.

Motion to re-elect all three current board members moved by: Nicole Kelly-Graham, seconded by: Jennifer-Ann Heward, Carried.

7. Adjournment

Motion to adjourn meeting moved by: Nicole Kelly-Graham, seconded by: Jennifer-Ann Heward

Meeting adjourned by Richard Hubley at 6:22pm.