

OTTAWA INDEPENDENT LIVING
RESOURCE CENTRE

**2018 - 2019
ANNUAL
REPORT**

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“ Our mission is to assist in the individual empowerment of all persons with any disability and to provide the tools they need to direct their lives and participate fully in the community.”

OILRC AGM Agenda 2018-2019

1. Welcoming Remarks

Erica Carson-Sami

2. AGM Call to Order

Erica Carson-Sami

3. Approval of Agenda

4. Approval of 2018 AGM minutes

5. Annual Report – Review and Discussion

- i) Message from the Board – Erica Carson-Sami
- ii) Program Updates-Jessica Ayoub
- iii) Treasurer's report- Anne-Marie Joannis
- iv) Financial Summary – Anne-Marie Joannis
- v) Auditors Report- Daphne
- vi) Appointment of Auditors – Daphne

6. Nominations & Board of Directors Elections

7. Other Business

8. Adjournment

Erica Carson-Sami

MESSAGE FROM THE BOARD

It has been a busy year here at the Ottawa Independent Living Resource Centre! We enjoyed the return of Katie Paialunga, who unfortunately had to go back on leave for the time being. This, however, has allowed Jessica Ayoub to step up and take on greater responsibilities at the Centre and share some of her innovative ideas. We are truly lucky to have both of these great women on the OILRC team. We have also welcomed Amy Bradley to OILRC team to lead our Peer Support program in place of Kate Deacon. We were so lucky to have Kate on our team and wish her the very best in Kingston!

We hosted some fun events this year such as an Evening of Laughter fundraiser on July 13, 2018 at the Gladstone Theatre. The event was supported by Powerlaw in partnership with Yuk Yuk's. On May 10th, we had our Spring Paint Fling fundraiser at Royal Canadian Legion Branch 351. Many thanks to Allyson Luedtke for her continued interest and enthusiasm in the Creative Expressions program.

ILRC Board Members, Pictured below. Front, from left to right: Sarah Trick, Erica Carson-Sami. Back, from left to right: Daphne Picklyk, Marion Sandilands, Anne-Marie Joannis. Missing: Emily Rahn.



MESSAGE FROM THE BOARD CONT.

We also hosted a celebration for the Independent Living Across Canada Day on June 4th 2018- The theme for that year was Assistive Technology, so we invited 3 of other community agencies who deal with AT to join us and showcase their own organizations and works: Neil Squire, CNIB, and the Tetra Society. We even created an AT Escape room challenge!



Thank You



We want to extend our appreciation to CISTEL for their IT services and on-going support. We'd also like to extend our appreciation to Service Coordination for their on-going support. This is how we continue to offer the Creative Expressions Program and fund many other activities and events through OILRC.

Thank you to our staff, volunteers, partners, and of course, the consumers, for their continued dedication to OILRC and our mission.



EXECUTIVE DIRECTOR

Katie Paialunga

DIRECT FUNDING COORDINATOR

Jess Ayoub

PEER SUPPORT COORDINATOR

Kate Deacon

PROGRAM ASSISTANT

Emmalynn Cosette Mallay

OILRC Team 2018-2019



OILRC PROGRAMS

Peer Support

Ottawa Independent Living Resource Centre strives to empower people with disabilities in Ottawa. One way we achieve this is through our Peer Support program, which continues to evolve to meet the needs of our participants.



Over the summer of 2018 we had the opportunity to run a Community Garden program.

Peer Support's most popular programs include Healthy Eats, Lunch Club, and Pizza & Movie Night. These programs allow our members to socialize and gain new interpersonal skills. These programs have helped members strengthen the relationships they have built through the Peer Support program.

Peer Support Cont.

The Peer support program provides services and resources to people with all/cross disabilities in the Ottawa area. In accordance with the Independent Living philosophy, we will provide opportunities to consumers working towards gaining self-confidence, independence, increased skill development and knowledge of community services.

Trip to Parc Omega in September 2018



The expansion of Creative Expressions, our art program, has been a success. We now host three sessions a month and it has become our most popular peer support activity. In November 2018, our artists had their first art show and sale. We participated in Baz'Art at the Shenkman Arts Centre.

Their work was on display till December 13th. Shenkman Arts Centre, an art hub run by the city of Ottawa, was so impressed by our work that they are making plans to engage more with community groups like OILRC in the future.



Peer Support Cont.



We also took advantage of Ottawa's many attractions with days at the beach, museum visits, and trips to local festivals.

Attending community based events creates links to local communities and helps us move towards a future that promotes a fully inclusive Ottawa.



Direct Funding

The Direct Funding Program celebrates its 25 year anniversary in 2019. At the Ottawa ILRC, we have been working hard to bring on new participants to the Program, while continuing to support Self-Managers as needed.



The Ottawa region was able to take on 12 new Direct Funding Participants in 2018-19, and saw 20 new applications submitted.

An online reporting system was introduced in early 2019 allowing Self-Managers and their bookkeepers to log onto the Direct Funding website, review their quarterly reports, upload report data, and then verify and approve reports electronically.



Self-Managers receive support from the local IL Centres in many ways.

Ottawa ILRC was provided an opportunity to set-up a table at a local Canada Jobs Fair event. Self-Managers spent a few hours putting their interview skills to work and recruiting potential staff to add to their own attendant teams.

Information & Networking

Information and networking is the key to having choices, making decisions and learning to take risks. It is one of the core themes of the Independent Living Philosophy. At the OILRC, we continuously strive to facilitate information and networking opportunities which are best suited for our members, their families, friends and support networks, and our community by providing clean, accurate, and up to date information that meets individual needs.



On June 4th, 2018 we hosted an Open House event in celebration of the Independent Living Across Canada Day. The theme for 2018 was *Assistive Technology*. OILRC hosted 3 other community partners in celebration of the theme; Neil Squire Society, The Tetra Society, and CNIB.

Empowerment & Skills Development

The OILRC continuously strives to identify needs and break down barriers faced by our community and members. In 2018-2019 we offered a variety of new workshops and skill building opportunities.

How Money Works: A workshop offered in April 2018



Start Your Own Business: Putting Your Ideas to Work. Zach Tryndale from Rise-Ottawa facilitated a workshop for OILRC in January 2019. This workshop helped participants organize their thoughts around factors and considerations of starting their own business. Zach introduced a tool called The Lean Canvas to help people better conceptualize and validate their business ideas.

Improvising For Everyone:

Al Connors of Crush Improv lead participants of this workshop through a 1.5 hour long session on how to create a story from nothing and how to work as a team without a plan. The workshop was suitable for people of all ages and abilities!



Knitting Circle: In the winter months of 2018 the OILRC started a knitting circle. Our members were keen to learn new skills and create some colourful and warm pieces of clothing.



OILRC AGM Meeting Minutes 2018

Annual General Meeting Minutes Wednesday, September 26th, 2018

List of Attendees:

Members: Jean Bray, Kim McKey, Alexis Peel, Kwaji Tibo, Brian Major, Matt Gignac, Robert Henry, Meaghan Perks, John Chalmohdeley

Staff: Kate Deacon, Jess Ayoub, Katie Paialunga

Board members: Daphne Picklyck, Emily Rahn, Marion Sandilands, Anne-Marie Joannis, Sarah Trick, Erica Carson-Sami

- 1. AGM called to order:** Daphne called meeting to order at 6:04pm
- 2. Welcoming remarks:** Daphne welcomed everyone and reviewed the agenda.
 - a. Approval of last years meeting minutes
 - b. Review of report
 - c. Election of board members
 - d. Additional comments/items
 - e. Appointment of Auditors

3. Approval of agenda

Moved by: Jean Bray, seconded by Alexis Peel, carried.

4. Approval of AGM minutes 2017

Moved by: Jean Bray, seconded by Brian Major, carried.

OILRC AGM Meeting Minutes 2018 Cont.

5. Review of 2017-2018 Annual Report

Message from the Board- Katie is back. Both Peter McGrath and Rosie McGrath are no longer board directors. Introduction of current and new board members- Anne Marie Joannis, Sarah Trick, Erica Carson-Sami, and Marion Sandilands. Recap of new partnership with SCS, this partnership is expected to grow and continue. SCS is funding a large portion of our Peer Support Programming, in addition to a small amount of staff hours, attendant hours, and some special occasion funds. Discussion of member impact story for Carol Gregory. Congratulations to Daphne for the Seniors award.

6. Financial Summary

- a. Survived 2017-2018, a little surplus carry over
- b. Higher revenues this year \$184,000
- c. Government funded programs still running
- d. Higher expenses this year. Partly due to higher consulting fees paid to Richard Plummer for leadership fees. 91,000 ^ \$106,00
- e. Loss of \$23,000 last year.

Motion to approve financial report. Moved by: Matt Gignac, seconded by Kim M, carried

OILRC AGM Meeting Minutes 2018 Cont.

7. Election of Board of Directors

Richard Hubley will be stepping down as Board chair. Erica, Marion, and Anne Marie, and Sarah Trick have been appointed board members in the interim and are up for election. Emily and Daphne up for re-election

Motion to elect Erica, Marion, Anne-Marie, and Sarah: Moved by Jean Bray, seconded by Kim McKey, carried.

8. Appointment of auditors

Movement to re-appoint Frouin Group as auditors: Moved by Daphne, seconded by Jean Bray, carried.

9. Meeting adjourned at 6:21pm

New Board member Positons:

Board Chair- Erica Carson-Sami

Vice Chair- Sarah Trick

Board Secretary – Marion Sandilands

Board Treasurer- Anne Marie Joanise

Board member- Emily Rahn

Board member- Daphne Picklyck

Financial Summary

2018-2019

Ottawa Independent Living Resource Centre

Financial Summary

March 31, 2019

	<u>2,019</u>	<u>2,018</u>
<u>Statement of Financial Position</u>		
Assets:		
Cash, accounts receivable and prepaid expens \$	<u>28,138</u>	<u>\$ 29,738</u>
Liabilities, Deferred Revenue and Net Assets:		
Current liabilities	\$ 4,760	\$ 6,547
Loan	10,000	10,000
Deferred contributions	10,215	10,420
Unrestricted net assets	3,163	2,771
	<u>\$ 28,138</u>	<u>\$ 29,738</u>
<u>Statement of Operations</u>		
Revenue:		
Grants:		
Government of Canada	\$ 48,637	\$ 49,879
Province of Ontario	79,844	91,302
Other	12,365	9,514
Donations	15,332	2,334
Bingo	28,457	23,356
Contract and other (including fundraising)	7,234	7,760
	<u>191,869</u>	<u>184,145</u>
Expenses:		
Salaries and benefits	116,670	105,821
Rent and utilities	28,063	28,063
Contract work and fundraising	9,744	42,322
Capital asset purchases	0	783
Office and general	37,000	30,617
	<u>191,477</u>	<u>207,606</u>
Net Revenue (Expenses)	<u>\$ 392</u>	<u>\$ (23,461)</u>